

Media Release

Salomon Tre-X Back 2 Back 2 Days of Hardcore Triathlon... + 4 Star Luxury at Novotel Twin Waters Sunshine Coast



COREY BROUGH & BRITT CALING Take Out the Tre-X B2B Open Title!

As we turned on the sun for 2 days of hardcore off road racing at spectacular Novotel Twin Waters resort, it seems the all new Back 2 Back format and off road terrain brought out the very best in off road racing.



TWIN WATERS
RESORT
SUNSHINE COAST

In what was always going to be a tough ask for competitors to back up 2 days in a row, day 1 dawned with clouds & showers, but as hearts raced and anticipation grew ready for the 3pm start it was all sunshine and blue skies as over 300 brave souls lined up on the start line at the Pool Front Beach at Novotel Twin Waters Resort.



The Swim!

It was a 4 start back drop with 5 star racing and the swim leg traversed beautiful Twin Waters Lagoon before exiting at Palm Beach, into transition and into the most unique mountain bike course of the series.

The Mountain Bike!

Many armed with the knowledge that the mountain bike course was completely flat went with the expectation that the 3 laps of the 5km course would be a walk in the park. The faces of competitors as they reached the turnaround point on lap one told a very different story. The course might be flat, but it was by no means easy. The tight course with technical turns, rollovers, obstacles and berms tested riders endurance and skill, with the more technical riders demonstrating the skills that it takes to gain time on the mountain bike leg in an off road triathlon. A ride through a plane fuselage is not something you get to experience in an every day triathlon and proved an unusual surprise for those involved.



The Trail Run!

Back into transition and it was the trail run leg of the event that proved the most testing of the race, and the elements had geared up to add that hardcore element that off road triathlon is famous for. As runners traversed the lagoon, it was onto the jetty and into the mangroves, where a higher than expected tide meant wet feet, mud and burning thighs.

Media Release

And after a small flat section which provided some small relief it was up over the dunes on the soft sand and onto the beach for a spectacular run along one of the Sunshine Coasts most spectacular beaches.

The higher tide meant that the much longed for running surface – ‘hard sand’– was in short supply and battling the off shore wind and soft sandy sections meant burning thighs and throbbing calves as competitors had to dig deep for the run back to the resort.

Welcome Anna ‘Frosty’ Frost!

But in an added surprise , world class trail Runner and Salomon ambassador **Anna ‘Frosty’ Frost** was on hand to give them some very welcome encouragement up the beach.

With the finish on Lorikeet Beach at Novotel, the Salomon Finish Flags were an even more welcome site than usual as competitors flung themselves into the waiting waters of Twin Waters Lake for a welcome cool down.



And then it was on to one of the most welcomed parts of the weekend, with a huge celebration ‘Carb Up’ dinner, a few drinks, check the standings, get your head down and then it was up bright an early on Sunday morning where competitors joined our Short Course, Teaser and the very special all new Dirt Kids Competitors to DO IT ALL AGAIN!

The sheer grit, heart and determination displayed by these amazing competitors was truly inspirational. They knew the pain was coming, but they gritted their teeth and pushed on regardless.

And the Winners Are!

And at the end of the day in the long course it came down to the wire as competitors jostled for position on the second day of competition in the aim to record the best cumulative time across the two days. In the end there was only 38 seconds separating 1st & 3rd place and it was **Corey Brough** taking out his first top podium for the season in what was a hard fought and close run race in a time of **2:24:03**, with **Sammy Stow**, still racing hard for that illusive first place, just 31 seconds behind in a time of **2:24:34** to take out 2nd and **George Tambllyn** in 3rd in a time of **2:24:41**.



Media Release

In the Female Open category the competition was just as tough, if not tougher, with **Britt Caling** notching up her first open win of the season in a time of **2:36:03**, **Amanda Richards** having one of her best races of the series to take out 2nd in a time of **2:46:05** and **Jacqui Kelly** in a welcome return to the podium in Third in a time of **2:49:55**.

Bring on the Tre-X Dirt Kids!

Then it was time for our up and coming Off Road Triathlon Champions to show the oldies how it was done in the all new **Tre-X Dirt Kids** event for 7 to 10 year olds.

As the crowd cheered in welcome appreciation these eager athletes swam, mountain biked and ran their way into history in the very first of many Tre-X Dirt Kids Events.



Short Course & Teaser!

In the short course **Kelvin Moncrieff** took out line honours in the Men's event in a blinding time of **51:41** and **Su Yan Tay** put in a fantastic performance to take out the Women's event in a time of **59:42**. And some of the very best competition in the Salomon Tre-X Series is coming from our young guns in the 13-14yr category and the Teaser event. Congratulations on another outstanding performance from **Thomas Orchard** taking line honours in the Teaser in a time of **25:19** and **Rhiannon Arkell** in a time of **29:58**

Get Into The Next Round of Salomon Tre-X!

So if you'd like to try your triathlon with an added touch of heart, grit and hardcore adventure then get set for **Tre-X Daylesford in Victoria on the 19th of March** and the ultimate challenge at the **Tre-X Championships in South East Queensland on the 2nd of April, 2011**.

Find out more + all the results, video, slideshow & photo action at www.tre-x.com.au

Check out all the action on the Salomon Tre-X Back 2 Back Event

Video: <http://www.youtube.com/user/In2Adventure1#p/u/1/kxrcNfCjac8>